

Psalm 100

Psalm 100

“ Shout for joy to the Lord, all the earth.”

God calls us to let our gratitude be heard:

- In worship
- In prayer
- In our conversations
- In our daily actions

Day 1 Reflection

Do I shout more loudly about worldly things and opinions than I do about the goodness of God?

Psalm 100

“Worship the Lord with gladness; come before him with joyful songs.”

Serving God with gladness means:

- Greeting others with joy.
- Singing wholeheartedly.
- Using your gifts without complaining.
- Serving in church ministries without needing recognition.

Day 2 Reflection

Does my worship look more like gladness or obligation?

Psalm 100

“ Know that the Lord is God. It is he who made us, and we are his people, the sheep of his pasture.”

In Christ, gratitude becomes natural when we remember:

- You are not your own.
- You are not your mistakes.
- You are not your past.
- You are His.

Day 3 Reflection

Am I living as God's sheep who trusts, or a wandering sheep who resists His guidance?

Psalm 100

“ Enter his gates with thanksgiving and his courts with praise; give to him and praise his name.”

Before:

- Opening your Bible
- Attending worship
- Praying
- Serving
- Going to work or coming home from work

Begin with: “Lord, thank you.”

Day 4 Reflection

What would change if every day began by entering His presence with gratitude?

Psalm 100

“For the Lord is good and his love endures forever; his faithfulness continues through all generations.”

Gratitude grows when we remember

God's faithfulness:

- Gratitude journal
- Share testimonies

Day 5 Reflection

How am I passing gratitude to the next generation?

Day 6 Reflection

If the rest of your week were recorded,
would gratitude be your primary language?

