



PSALMS

for every season

Ps.145

***GOD-CENTERED WORSHIP
IN A SELF-CENTERED WORLD***

23 Now these are the last words of David:
The oracle of David, the son of Jesse,
the oracle of the man who was raised on high,
the anointed of the God of Jacob,
the sweet psalmist of Israel...

2 Samuel 23:1

Three Features of Hebrew Poetry

1. Brevity

Complex ideas communicated with just a few words.

¹ The Lord is my shepherd, I lack nothing. Ps. 23:1

2. Parallelism “thought rhymes”

Key ideas are repeated in a similar, but varied way.

*¹ The earth is the Lord’s, and everything in it,
the world, and all who live in it; Ps. 24:1*

3. Imagery “word pictures”

Eternal wisdom explained by comparison to everyday people, places, and things.

*⁴ He will cover you with his feathers,
and under his wings you will find refuge; Ps. 90:4*

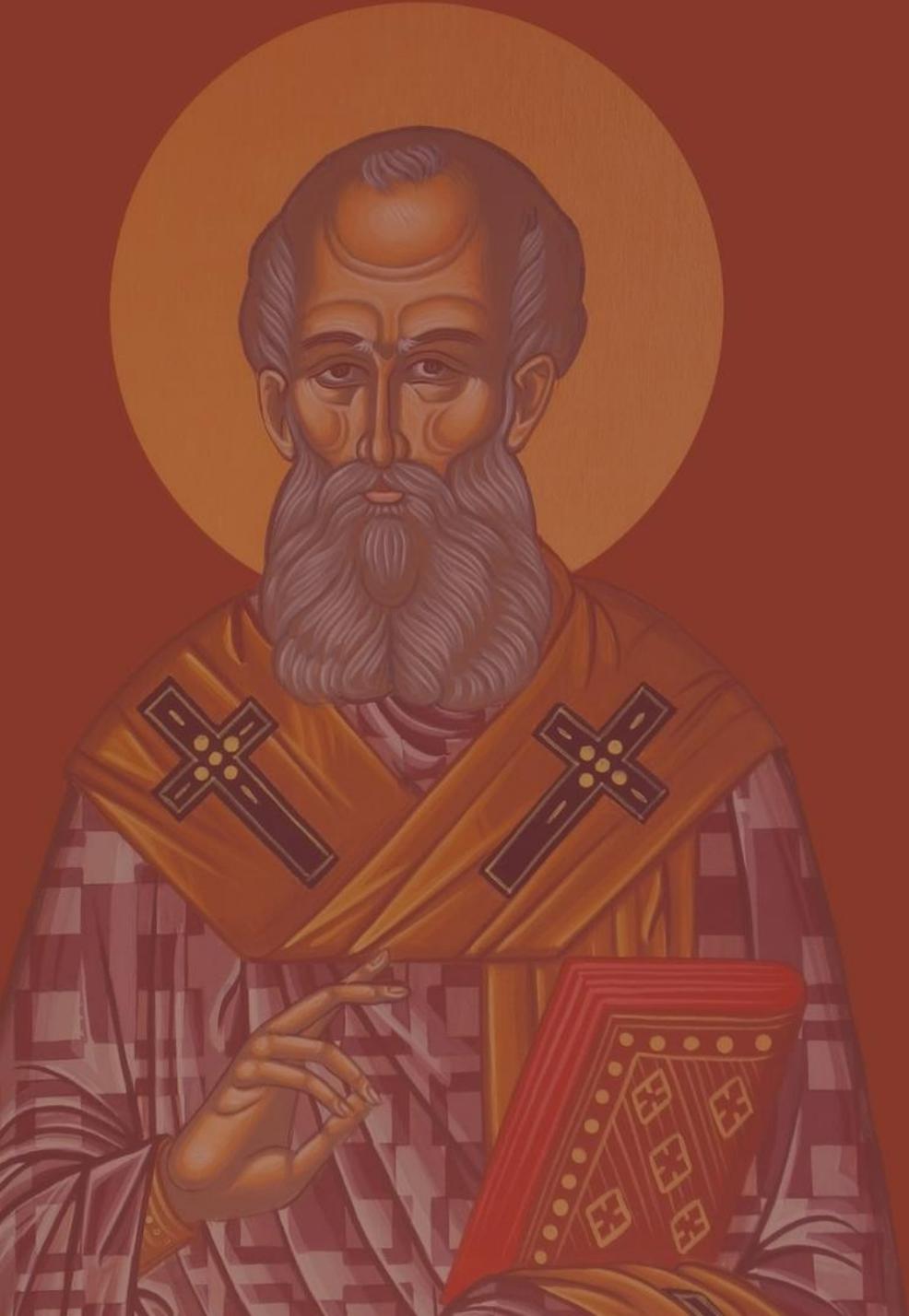
Psalms for Every Season

We'll look at six of the primary types or genres of psalms:

1. **Praise** (orientation) - Psalm 145
2. **Lament** (disorientation) – Psalm 42
3. **Thanksgiving** (reorientation) - Psalm 51
4. **Trust** (confidence) - Psalm 23
5. **Pilgrimage** (ascents) - Psalm 121, 122
6. **Wisdom** (instruction) - Psalm 1

Why Study the Psalms?

The Psalms show us what it looks like for the people of God to **respond to God**. They expand our vision of worship and enrich our prayer lives.



Most of the Scriptures speak *to* us,
but the Psalms speak *for* us.
-Athanasius of Alexandria (296-373 AD)



Wherever you turn, the laborer at the plough sings Alleluia; the toiling reaper beguiles his work with Psalms; the vine-dresser as he prunes the vine sings something of David's.

-Jerome of Stridon (342-345 AD)

Psalm 145: *A Psalm of Worship*

» *What is worship?*

Weorthscipe → *Worthship* → *Worship*

To attribute worth to someone or something.

All worship is fundamentally a response to who God is.

Psalms of Praise invite us (continually) to worship God.

*E.g. Exalt, Praise, Extol, Commend, Speak/Tell,
Meditate, Proclaim, Celebrate, Sing...*

God's Greatness Visible to All Mankind

Ps. 145:1-7

A psalm of praise. Of David.

¹ I will exalt you, my God the King;

I will praise your name for ever and ever.

² Every day I will praise you

and extol your name for ever and ever.

³ Great is the LORD and most worthy of praise;

his greatness no one can fathom.

God's Greatness Visible to All Mankind

Ps. 145:1-7

- ⁴ One generation commends your works to another;
they tell of your mighty acts.
- ⁵ They speak of the glorious splendor of your majesty—
and I will meditate on your wonderful works.
- ⁶ They tell of the power of your awesome works—
and I will proclaim your great deeds.
- ⁷ They celebrate your abundant goodness
and joyfully sing of your righteousness.

Blessing and the Kingdom of God

Ps. 145:8-14

- ⁸ The Lord is gracious and compassionate,
slow to anger and rich in love.
- ⁹ The Lord is good to all;
he has compassion on all he has made.
- ¹⁰ All your works praise you, Lord;
your faithful people extol you.

Blessing and the Kingdom of God

Ps. 145:8-14

- ¹¹ They tell of the glory of your kingdom
and speak of your might,
- ¹² so that all people may know of your mighty acts
and the glorious splendor of your kingdom.
- ¹³ Your kingdom is an everlasting kingdom,
and your dominion endures through all generations.

Blessing and the Kingdom of God

Ps. 145:8-14

The Lord is trustworthy in all he promises
and faithful in all he does.

¹⁴ The Lord upholds all who fall
and lifts up all who are bowed down.

The Universality of God's Goodness

Ps. 145:15-21

- ¹⁵ The eyes of all look to you,
and you give them their food at the proper time.
- ¹⁶ You open your hand
and satisfy the desires of every living thing.

The Universality of God's Goodness

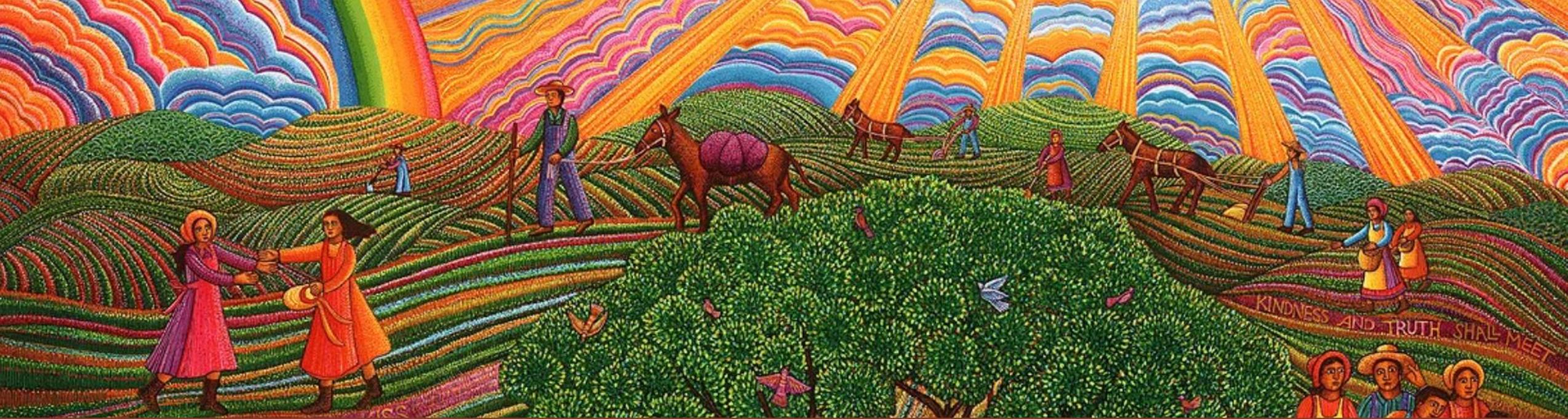
Ps. 145:15-21

- ¹⁷ The Lord is righteous in all his ways
and faithful in all he does.
- ¹⁸ The Lord is near to all who call on him,
to all who call on him in truth.
- ¹⁹ He fulfills the desires of those who fear him;
he hears their cry and saves them.
- ²⁰ The Lord watches over all who love him,
but all the wicked he will destroy.

The Universality of God's Goodness

Ps. 145:15-21

²¹ My mouth will speak in praise of the Lord.
Let every creature praise his holy name
for ever and ever.



Pray the Psalms using the Three R's:

- Rejoice** *What do I find here that gives me cause to rejoice, to give praise and thanks? Then do it.*
- Repent** *What do I read here that brings to light sin in my life? Then confess and repent.*
- Request** *What in this psalm can inform the way I pray for others and myself? Then make your requests of God accordingly.*

Psalm 145—*Great is the Lord!*

Tune: NETTLETON (Come, Thou Fount of Every Blessing)

All congregation:

- 1 **A**ll my life I will extol You; bless Your name, my God and King.
- 2 **B**lessing daily bring before You, and Your praise forever sing.
- 3 **C**an a mortal search Your greatness? You are great and highly praised!
- 4 **D**ay to day, each generation has Your acts and works upraised!

Psalm 145—*Great is the Lord!*

Tune: NETTLETON (Come, Thou Fount of Every Blessing)

Men:

- 5 **E**ver glor'ous is Your splendor; on Your works I'll meditate;
6 **F**or they'll tell of works most awesome, and I'll tell them You are great.
7 **G**rand the mem'ry of Your goodness—righteousness shown from above.
8 **H**ow the Lord gives grace and mercy—slow to anger, rich in love.

Women:

- 9 **I**'ll declare the Lord's great mercies over all His works displayed;
For the Lord is good and gracious, good to all that He has made.
10 **J**ust ones shall rejoice and bless You; all Your works shall give You praise.
11 **K**ingdom's glory they will speak of, and Your mighty pow'r upraise.

Psalm 145—*Great is the Lord!*

Tune: ODE TO JOY (Joyful, Joyful, We Adore Thee)

All Congregation:

12 **L**et the glory of Your acts be made known to the sons of men.

Majesty and glory of Your kingdom's reign will never end.

13 **N**ever will Your reign diminish; through each age it will remain.

Over all Your kingdom stretches; everlasting Your domain.

Men:

14 **P**raise the Lord—His loving care upholds and lifts up all who fall.

Quickly He will come to rescue all bowed down who on Him call.

15 **R**aising up those who are bowed down; giving food in proper time;

So the eyes of all look to You, and Your providence they find.

Psalm 145—*Great is the Lord!*

Tune: ODE TO JOY (Joyful, Joyful, We Adore Thee)

Women:

- 16 **T**he desire of every creature You provide from Your own hand;
Unto all You give so freely; fill their need on sea or land.
- 17 **V**ery righteous is the Lord, and loving, too, in all His ways.
- 18 **W**e know that He's near to all who call on Him in truth and praise.

All Congregation:

- 19 He fulfills the needs of all who fear Him, and He hears their cry.
- 20 **eX**tol the Lord's name—He watches o'er them from His throne on high.
You who love Him, He'll keep ever; but the wicked He'll destroy.
- 21 **Z**ealous for His praise, I'll speak—let all flesh praise His name with joy!



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