



Following the Spirit  
From To **CREATION**  
**PENTECOST**

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# Lifestyle Survey

In my thoughts and daily life, I generally live...

According to the **flesh**

According to the **Spirit**

# Lifestyle Survey

My friends describe me as someone who is...

- Hostile** to God
- Rebellious** to God's law
- Displeasing** to God
- A **temple** of the Holy Spirit (1 Cor 6:19)

# Lifestyle Survey

Given the choice, I prefer my mind to be governed by...

The **flesh** (Death)

The **Spirit** (Life & Peace)

## Romans 8:12-13

<sup>12</sup> Therefore, brothers and sisters, we have an **obligation**—but it is not to the flesh, to live according to it. <sup>13</sup> For if you live according to the flesh, you will die; but if by the Spirit you put to death the misdeeds of the body, you will live.

# Lifestyle Survey

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According to the **flesh**

According to the **Spirit**

An abstract background featuring a purple dove in flight, positioned centrally. Below the dove is a bright sunburst or starburst pattern in shades of yellow, orange, and red. The overall color palette is dominated by deep reds and purples, with the sunburst providing a warm, glowing contrast. The text is overlaid on this background.

OCTOBER BIBLE STUDY 2022

# Abide with me.

AN INVITATION  
FROM THE HOLY SPIRIT

# Philippians 4:4-9

<sup>6</sup> Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God.

<sup>7</sup> And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

# 16 Names of God

El Shaddai (Lord God **Almighty**)

Jehovah Jireh (The Lord Will **Provide**)

Jehovah Shalom (The Lord Is **Peace**)

Jehovah Nissi (The Lord **My Banner**)

Jehovah Raah (The Lord **My Shepherd**)

Jehovah Rapha (The Lord That **Heals**)

Jehovah Sabaoth (The Lord **of Hosts**)

Jehovah Shammah (The Lord **Is There**)

Jehovah Tsidkenu (The Lord **Our Righteousness**)

Jehovah Mekoddishkem (The Lord Who **Sanctifies You**)

Elohim (**God**)

Qanna (**Jealous**)

Adonai (Lord, **Master**)

Yahweh (Lord, **Jehovah**)

El Elyon (The **Most High** God)

El Olam (The **Everlasting** God)

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# Anx·i·e·ty | aNG'zīədē |

noun (plural **anxieties**)

a feeling of worry, nervousness, or unease, typically about an imminent event or something with an uncertain outcome: *he felt a surge of anxiety.*

- *Psychiatry* a mental condition characterized by excessive apprehensiveness about real or perceived threats, typically leading to avoidance behaviors and often to physical symptoms such as increased heart rate and muscle tension.

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ORIGIN early 16th century: from French *anxiété* or Latin *anxietas*, from *anxius* (see [anxious](#)).

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# Philippians 4:4-9

<sup>8</sup> Finally, brothers and sisters, whatever is **true**, whatever is **noble**, whatever is **right**, whatever is **pure**, whatever is **lovely**, whatever is **admirable**—if anything is **excellent** or **praiseworthy**—think about such things. <sup>9</sup> Whatever you have learned or received or heard from me, or seen in me—put it into practice. **And the God of peace will be with you.**

We will live Holy lives...

Not by our own strength, but by the soul-illuminating, sin-absolving, grace of God.

By being filled, indwelled, and led by God's own Spirit.

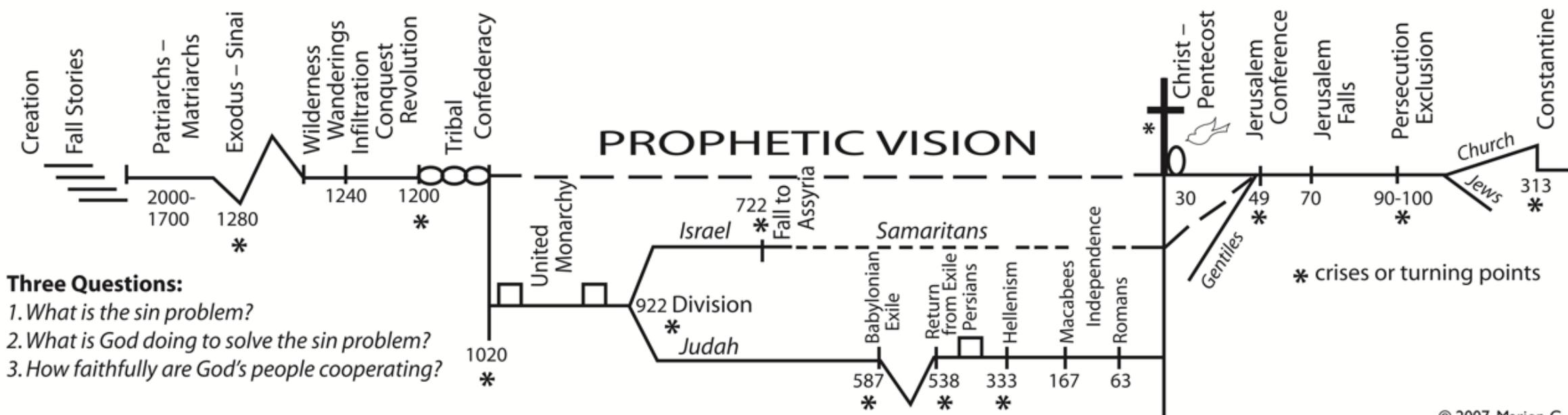
# Following the Spirit: Knowing the Spirit

1. God's Spirit brings order to utter chaos.
2. The Spirit gives us life, refreshes and renews all things.
3. The Spirit enables us to hear and obey God's will, despite our fears.
4. The Spirit reveals Himself to us and leads us.  
He enables us to see clearly—in both day and night.

# Following the Spirit: Knowing the Spirit

5. The Spirit equips us in order to be faithful to His call.
6. The Spirit instructs and disciplines, but always keeps His promises.
7. The Spirit inspires and helps us to live in obedience to Him.
8. God's Spirit is the same—unchanging.

# Heilsgeschichte: Salvation History



# *Heilsgeschichte*: Salvation History

- Ruach: Hebrew word for spirit, breath, or wind.
- Pneuma: Ancient Greek word for breath, used in NT to describe the Holy Spirit.

God's Spirit brings order chaos.

## Genesis 1:1-2

<sup>1</sup> In the beginning God created the heavens and the earth. <sup>2</sup> Now the earth was formless and empty, darkness was over the surface of the deep, and the Spirit of God was hovering over the waters.

# The Spirit gives us life

## Genesis 2:7

<sup>7</sup> Then the Lord God formed a man from the dust of the ground and **breathed into his nostrils the breath of life**, and the man became a living being.

## Job 33:4

<sup>4</sup> The Spirit of God has made me; the **breath of the Almighty gives me life**.

# The Spirit enables us to hear and obey

## Genesis 12:1

The LORD had said to Abram, “Go from your country, your people and your father’s household to the land I will show you.”

## Exodus 3:12

<sup>12</sup> And God said, “I will be with you. And this will be the sign to you that it is I who have sent you: When you have brought the people out of Egypt, you will worship God on this mountain.”

# The Spirit reveals Himself and leads us

## Exodus 13:21-22

<sup>21</sup> By day **the Lord went ahead of them** in a pillar of cloud to guide them on their way and by night in a pillar of fire to give them light, so that **they could travel by day or night.** <sup>22</sup> Neither the pillar of cloud by day nor the pillar of fire by night left its place in front of the people.

# The Spirit equips us to be faithful

## Exodus 16:4-5

<sup>4</sup> Then the Lord said to Moses, “**I will rain down bread from heaven for you.** The people are to go out each day and gather enough for that day. In this way I will test them and see whether they will follow my instructions. <sup>5</sup> On the sixth day they are to prepare what they bring in, and that is to be twice as much as they gather on the other days.”

# The Spirit instructs and disciplines

## Ezekiel 36:22-38

<sup>26</sup> I will give you a new heart and put a new spirit in you; I will remove from you your heart of stone and give you a heart of flesh. <sup>27</sup> **And I will put my Spirit in you and move you to follow my decrees and be careful to keep my laws.**

# The Spirit inspires and helps us

## Nehemiah 9:20-21

<sup>20</sup> You gave your good Spirit to instruct them.

You did not withhold your manna from their mouths, and you gave them water for their thirst.

# God's Spirit is the same—unchanging

## James 1:17

Every good gift and every perfect gift is from above, coming down from the Father of lights with whom there is **no variation or shadow due to change**.

## 2 Timothy 2:3

If we are faithless, **he remains faithful**— for he cannot deny himself.

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According to the **Spirit**



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