



Thanksgiving

Thanks And Giving

Nov 10 – Thankfulness and the Heart of God

Nov 17 – Thankful Despite Trials

Nov 24 – Thanks and Giving

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Nov 17 – Thankful Despite Trials

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Luke 17:11-19

Now on his way to Jerusalem, Jesus traveled along the border between Samaria and Galilee.

As he was going into a village, ten men who had **leprosy** met him. They stood at a distance and called out in a loud voice, “Jesus, Master, have mercy on us!”

Luke 17:11-19

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Now on his way to Jerusalem, Jesus traveled along the border between Samaria and Galilee.

As he was going into a village, ten men who had leprosy met him. They stood at a distance and called out in a loud voice, “Jesus, Master, have **mercy** on us!”

Luke 17:11-19

When **he saw them**, he said, “Go, show yourselves to the priests.”

And as they went, they were cleansed.

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And as they went, they were cleansed.

One of them, when he saw he was healed, came back, praising God in a loud voice. He threw himself at Jesus’ feet and thanked him—and **he was a Samaritan.**

Luke 17:11-19

Jesus asked, “Were not all ten cleansed? Where are the other nine? Has no one returned to give praise to God except this foreigner?”

Then he said to him, “Rise and go; **your faith has made you well.**”

Luke 17:11-19

A story about: isolation + disconnection; Jesus as Master; our need for mercy; the promise that God sees us; healing is often found in obedience; thankfulness leads to praise; gratitude from unlikely places; physical healing and spiritual wholeness.

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**Gratitude brings us closer to Christ;
ingratitude leads us away from Christ**

Understanding gratitude

Practices for fostering gratitude

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An *emotion* to be felt

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A *commitment* to be practiced

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David Steindl-Rast

Ninety-nine percent of the time we have an opportunity to be grateful for something. We just don't notice it. We go through our **days in a daze**.

Understanding gratitude

An *emotion* to be felt

A *commitment* to be practiced

Maya Angelou

If you must look back, do so forgivingly. If you must look forward, do so prayerfully. However, the wisest thing you can do is to be in the present...gratefully.

Understanding gratitude

An *emotion* to be felt

A *commitment* to be practiced

A *community* to be experienced

Colossians 3:15-16

Let the peace of Christ rule in your hearts, since as members of **one body** you were called to peace.

And **be thankful**. Let the message of Christ dwell among you richly as you teach and admonish one another with all wisdom through psalms, hymns, and songs from the Spirit, singing to God with **gratitude in your hearts**.

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Practices for fostering gratitude

(1) Perception & articulation

Understanding gratitude

An *emotion* to be felt

A *commitment* to be practiced

A *community* to be experienced

Practices for fostering gratitude

(1) Perception & articulation

(2) Intentional dinner routine

Understanding gratitude

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A *community* to be experienced

Practices for fostering gratitude

(1) Perception & articulation

(2) Intentional dinner routine

(3) Regular rhythms of prayer

Understanding gratitude

An *emotion* to be felt

A *commitment* to be practiced

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Practices for fostering gratitude

- (1) Perception & articulation
- (2) Intentional dinner routine
- (3) Regular rhythms of prayer
- (4) Daily “thankful four”

Understanding gratitude

An *emotion* to be felt

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Practices for fostering gratitude

- (1) Perception & articulation
- (2) Intentional dinner routine
- (3) Regular rhythms of prayer
- (4) Daily “thankful four”
- (5) Live more simply

Colossians 2:7

Let your roots grow down into Christ,
and let your lives be built on him.
Then your faith will grow strong in the
truth you were taught, and you will
overflow with thankfulness.

